

South Anchorage Cross Country Running Jamboree



When:

Saturday September 20th, 2008

10:00 am - K - 2nd grade Girls
10:20 am - K - 2nd grade Boys
10:40 am - 3rd & 4th grade Girls
11:00 am - 3rd & 4th grade Boys
11:20 am - 5th and 6th grade Girls
11:40 am - 5th and 6th grade Boys



Where:

Service High School Lower Soccer field

1-mile flat course, MEDALS FOR ALL RUNNERS, timed event.

Course walk through at 9:30.

All registration done on site (registration table open 9:00-11:40).

Parents must sign registration form (Forms available on site)



* This run qualifies as one in a series of runs for youth involved in the Healthy Futures project

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ConocoPhillips



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Student's name: _____ Grade: _____ Male Female

(Please Print clearly)

School: _____ Home Phone: _____

Anchorage School District Waiver Waiver must be signed by legal guardian to participate

I know that running a cross country race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I also know that, although traffic precaution will be in effect, there might be traffic on the course route. I assume the risk of running in traffic. I also assume any and all other risks associated with running this event including but not limited to falls, contact with other participants, the effects of the weather, including high heat and/or humidity, and the conditions of the trails, all such risks being known and appreciated by me. Having read this waiver, and knowing these facts and in consideration of your accepting my entry, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge the Municipality of Anchorage, the State of Alaska, the Anchorage School District, the Alaska Association for Health, Physical Education, Recreation and Dance, ConocoPhillips all race officials and volunteers, be they individual or organizations, singly and collectively, and any and all sponsors including their agents, employees, assigns or anyone acting on their behalf, from any and all claims of liability for death, personal injury, or property damage of any kind or nature whatsoever arising out of, or in the course of my participation in this event. This waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. I also hereby consent to and permit emergency treatment in the event of any inquiry or illness. I grant full permission to organizers to use photographs of me and quotations from me in legitimate accounts and promotions of this event.

Signature of Parent or Legal Guardian
(No editing by parents can be accepted)

Date