

SCHOOL LIAISON SERVICES

School Liaison: Brian Griggs phone (907) 240-3265 fax (907) 384-1013
brian.w.griggs@us.army.mil

Anchorage School District

www.asdk12.org Great source for ASD information
(907) 742-4000 General Information number, can forward caller to any ASD number

Matanuska Susitna School District

www.matsuk12.us Source for Palmer & Wasilla schools
(907) 746-9200 General Information Number

SUGGESTIONS FOR SUCCESS:

Get Involved!

- Time spent in the school, on field trips, doing homework, or engaged in other educational activities demonstrates parent's belief in the importance of education.

Be Prepared.

- Students need to be equipped with the materials and clothing necessary for travel to and from school and activities in and out of the classroom. **Warm winter coat, snowpants, hat, gloves, and boots are required** winter-wear for elementary students, who attend recess in weather to -10 degrees. Secondary students should also dress to stay warm and safe for school (buses run late, fire alarms require being outside of the building for 10-30 minutes).

Get Information

- Read school newsletters, frequently visit the district website, attend open houses and parent teacher conferences, and take advantage of teacher / class websites and e-mail communication accommodations.

Network

- Get acquainted with teachers, principal, front desk staff, school nurse, PTA representatives, and other parents in your child's class. Make a concerted effort to establish these connections early on and under positive circumstances.

Volunteer (Serve)

- Look for opportunities to participate and volunteer in school and extracurricular activities. Encourage students to participate in programs that serve others.

Read

- Encourage frequent required and extracurricular reading. Familiarize yourself with the material your child is reading and discuss it with them. Limit student television and computer consumption. Make books available in the home.

Communicate

- Talk regularly with your student and their teacher /teachers

Healthy Diet / Active Lifestyle

- Students perform much better in school when they start the day with a healthy breakfast and get regular adequate exercise.

Bus Behavior

- Strategize with your student how to occupy their time on the bus and avoid improper behavior. Inappropriate behavior on the bus can risk safety and lives of other students, is not tolerated, and bus suspension is often inconvenient for parents.

Strive for Academic Excellence

- Work together with your student to set goals and strive for excellence in school.

Become familiar with the 40 developmental assets. Students will increase their academic and emotional success in proportion to the number of assets they attain.

Student Counseling or Deployment Related Services:

Adolescent Substance Abuse Counseling Services (ASACS)

Youth Counselor

Mark Mortier

Phone: (907) 384-0134

mark.a.mortier@us.army.mil

Alaska National Guard Family Programs

Military and Family Life Consultants:

Cell: (907) 382-1408

Phone: (907) 428-6668

<http://www.akguard.com>

Alaska Military Family Assistance Center

National Guard Child and Youth Program

Joan Boltz

Phone: (907) 428-6670

joan.boltz@us.army.mil

Consultants may help with managing and coping with stress; returning to familial and social relationships; dealing with anger effectively; education and support for families experiencing deployment, reunion or homecoming issues; restoring hope, optimism and direction.

Army Community Service

Family Advocacy Program

Stan Austin

Phone: (907) 384-1006

<http://www.usarak.army.mil/framwr/fap.htm>

Education groups to help individuals gain skills in the areas of anger management, stress management, time management, and couples communication; crisis intervention; group/individual/family therapy; intake and assessment of child abuse reports.

- Youth Center 384-1508
- School Age Services (SAS) 384-1068
- CYS Central Registration 384-7483
- Chaplain 384-5433 (LIFE)

Elmendorf AFB Family Support Center

Community Readiness Consultant

Donna Shock

Phone: (907) 552-0370

donna.shock@elmendorf.af.mil

<http://www.elmendorf.af.mil/3Wing/Groups/3msg/3MSS/DPF/Webdocs/index.htm>

The CARE team coordinates and collaborates on all preventive, educational programs aimed at individual/family well-being and readiness. It ensures there are no redundancies or gaps in available programs/services by using information and referral as its foundation.

- Health and wellness- 552-2361
- Youth Activities – 552-5437
- Military and Family Readiness – 552-4943
- Life Skills Support Center – 580-2181
- Family Advocacy – 580-5858
- Chaplain – 552-4422

TELEPHONE QUICK REFERENCE:

Ursa Major	Bobby Hinderliter (principal)	742-1600
Ursa Minor	Wendy Brons (principal)	428-1311
Aurora	Gary Webb (principal)	753-6223
Mt Spurr	Helen Mullings (principal)	742-0200
Orion	Ruth Tweto (principal)	742-0250
Gruening MS	Bobby Jeffs (principal)	742-3600
Central MS	Lisa Prince-Smith (principal)	742-5100
Begich MS	Jeanne Fischer	742-0500
Mirror Lake MS	Scott Batchelder (principal)	742-3500
Eagle River HS	Natalie Burnett (principal)	742-2700
Bartlett HS	Dan Gallego (principal)	742-1820
Chugiak HS	Rick Volk (principal)	742-3050