

Region IV Track & Field**2009/2010**

(Revised 6/3/09)

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First day of practice: Monday, March 8, 2010

Pre-Season Meeting: Wednesday, March 3, 2009, 6:00pm at Bartlett High School

Pre-Regions Meeting: Tuesday, May 11, 2010, 6pm at Bartlett High School

Post-Season Meeting: Tuesday, May 18, 2009, 6pm at Bartlett High School

All Dome schedules are subject to change pending final Dome Scheduling.

DATE	CONTESTANTS	EVENTS/PLACE	TIME
Sat, March 20	All ASD Schools @ Sports Dome (No Official Times/ Scores, All Comers Scrimmage Format)	All Anchorage Area School Scramble DOME	8am
Sat, March 27	ASD Only Schools @ Sports Dome	MINI "A"/DOME	8am-12pm
Sat, April 3	ASD Only Schools @ Sports Dome	MINI "B"/DOME	8am-12pm
Fri, April 9	Big "C" Relays @ Sports Dome	FIELD/RUN/DOME	2pm-9pm
Sat, April 10	Big "C" Relays @ Sports Dome	FIELD/RUN/DOME	7am-3pm
Thu, April 15	Duals Schools A/B	DOME	3-8pm
Fri, April 16	Duals Schools C/D	DOME	3-8pm
Sat, April 17	Duals Schools E/F	DOME	7am-1pm
	Duals Schools G/H	DOME	1-6pm
Fri, April 23	Quads Schools A/B/C/D	Field/3200/TBA	11am-3pm
	Quads Schools E/F/G/H	Field/3200/TBA	11am-3pm
Sat, April 24	Quads Schools A/B/C/D	Run/TBA	11am-3pm
	Quads Schools E/F/G/H	Run/TBA	11am-3pm
Fri, April 30	Anchorage Invitational	FIELD/RUN / BHS	11am
Sat, May 1	Anchorage Invitational	FIELD/RUN / BHS	10am
Sat, May 8	Jr./Sr. Meet	Individual Events/SAHS	3pm
Fri, May 7	Frosh/Soph Championships	Field/Run / CHS	3pm
Sat, May 8	Frosh/Soph Championships	Run / CHS	10am
Fri/Sat, May 14/15	Region IV Track & Field Meet	Field/Run @ BHS	10:00am
Fri/Sat, May 21/22	ASAA State Meet @ Lathrop HS	Field/Run	TBA